

NEW YEAR WISHES!!

Be always at war with your vices, at peace with your neighbors, and let each New Year find you a better man.

- Benjamin Franklin

A happy New Year! Grant that I

May bring no tear to any eye

When this New Year in time shall end

Let it be said I've played the friend,

Have lived and loved and labored here,

And made of it a happy year - Edgar A. Guest

- Arundhati

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Wisdom to Change

- R S Murali

Dear Friends

Recently I completed reading the book titled "Leadership Wisdom from the Monk who sold his Ferrari" by Robin Sharma. I wish that this book is included as a part of curriculum for professional courses.

I am giving a jotting from the notes I had made from the reading of this book with specific reference to 'change management':

- Four elements that guarantee success:
 - o Discipline
 - o Concentration
 - o Patience
 - o Persistence
- If you want to master change, surrender it
- A leader must master the art of being resilient and reacting to unforeseen challenges with grace, agility and speed
- To change the results you are getting, you must change the things you are doing
- Adaptability is about seeing failure as nothing more than market research
- The arrow that hits the bull's eye is the result of one hundred misses
- You must foster a workplace that rewards constant learning and skills improvement
- The best antidote for fear is knowledge

- Butterflies are caterpillars who learned to change
- Knowledge remaining unapplied is worthless
- Leaders don't lead companies, they lead and inspire attitudes
- Our expectations create our reality
- Become massively competent
- Move from learning to doing

I feel each one of these sentences is heavily loaded in both wisdom and practice-tips. Keep them on your table and look at them every now and then and get inspired.

The best part of these ideas is that they are all fully applicable in every one of our professional and personal works.

Continuous Learning

An excerpt from Dr. Kalam's autobiography – 'Wings of Fire':

'. . . . Looking back to my days as a young scientist, I am aware that one of the most constant and powerful urges I experienced was my desire to be more than what I was at that moment. I desired to feel more, learn more, express more. I desired to grow, improve, purify, expand. All I had was the inner urge to seek more within myself. The key to my motivation has always been to look at how far I had still to go rather than how far I had come. . . - Ashok Rao

What am I (MIS) sing???

I have been appointed as the **CEO** of an unorganized company.
Today is my first day.
The Company is filled with bottlenecks.
No information is available about the financial and operational status.
Oh God! What is to be done?



1st Day at work

Let me get to know about the existing system.



Let me visit the plant facility, shop floor and meet all the persons who are responsible for production, marketing, finance, human resource, and all other facilities.

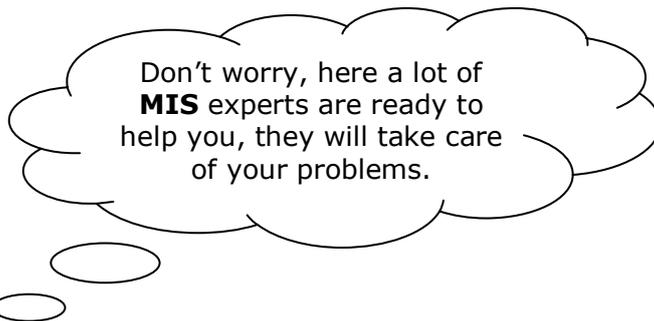
Oh my God!, what am I seeing.....

This company looks like a railway platform, nothing is in order and nothing is in place.

Confused..!!!

What will I do now?

I remember one of my friends talking about **NCRCL**



finally some hope.....

What NCRCL can do?



NCRCL's consultants are experts in Business Process Reengineering, Process Mapping, MIS etc.

NCRCL studies the existing system, traces out the bottlenecks and provides an efficient and cost effective solution to all your problems.

NCRCL Yeah aaaaaaa.....



I need a good **MIS** in my Company.

I want to see all the information in one A4 size paper.

I want to have such information, which can build my confidence for taking timely decisions.....

getting ideas...

-by U.S Mohanty
to be continued.....

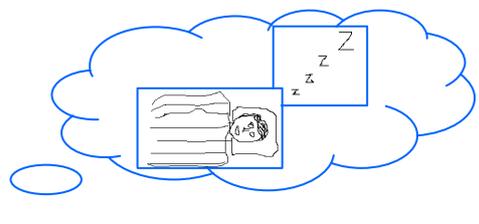
SLEEP WELL, MAINTAIN GOOD HEALTH

Many executives- young and not so young- do not sleep adequately. The result of chronic inadequate sleep is fatigue, decrease in concentration at work, irritability and stress, leading to poor health. Sleep is as important as eating right and physical activity for good health. At least six to eight hours of sleep is necessary to remove the day's fatigue, rebuild the immune system and recharge your batteries. The quality of sleep is also important. When you sleep like a log, your body gets better rest than when you have a disturbed sleep. Sleep can get affected by some factors like smoking, alcohol, caffeine, noise, bright light, obesity, excess liquid intake, heavy dinner and stress.

- Maintain a consistent sleep schedule because that's what your body likes.
- Do not use alcohol to make you sleep. Although it initially induces sleep. Once the alcohol effect wears off, sleep tends to be fragmented.
- Avoid caffeinated drinks like coffee, tea and colas after dark. Also avoid smoking.
- Sleep with minimum noise and light around you, if possible none at all.
- Excess weight interferes with smooth breathing and can wake you up gasping for breath. If you are obese, lose weight.
- Avoid too many liquids at night. Preferably take liquids about 90 minutes before going to bed because that is the time the body takes to process liquids.
- Avoid heavy foods at night. Heavy and fatty meals can cause heartburn. With physical activity greatly reduced at night, the heavy food can get converted into fat and stored in your cells.

Carbohydrate foods like cereals, whole grain breads, rotis, brown rice, potatoes and pasta help to release serotonin, a neurotransmitter which induces sleep. In other words, a light dinner with carbohydrates food at night helps to induce sleep.

Regular exercise controls stress and induces better sleep. However, exercise should be completed at least three hours before bedtime. A warm water bath, soothing music, light reading, gentle foot massage, a few poppy seeds in your dinner, are some of the ways to welcome sound sleep. Melatonin, produced by pineal gland in the brain, has been gaining a lot of attention on its sleep promoting ability. It is also said to control the body's circadian rhythm.



So Good Night, And Sleep Tight

- Roopa Shree T

Wanna Go Global...!!!



Take some tips on Forex

Domestic Currency/Home Currency:The reporting currency in a country is called domestic currency/home currency. Eg. Rupee in India.

Foreign Currency:Any currency other than the domestic currency called foreign currency. Eg. US Dollars in India.

Exchange Rate:Exchange rate is the rate at which one currency is exchanged i.e. bought and sold, for another currency. Eg. US\$ 1 = Rs.47.45/-

Direct Quote: A direct quote expresses the exchange rate in terms of home currency per unit of the foreign currency. Eg. US\$ 1 = Rs.47.45/-

Indirect Quote:A indirect quote expresses the exchange rate in terms of foreign currency per unit of the home currency. Eg. Re 1=0.02 USD

Bid:The rate at which the bank buys a currency is called the "Bid" rate of that currency. Eg. US\$ 1 = Rs. 47.45/-

Ask:The rate at which the bank sells a currency is called the "Ask" rate of that currency. Eg. US\$ 1 = Rs. 47.85/-

Spread: The difference between the banks buying rate (bid rate) and selling rate (ask rate) is called spread. Eg. From the Ask and Bid example, Rs 47.85-Rs 47.45= Rs. 0.40 hence "Spread" is Rs 0.40/-

Foreign Exchange Market//Forex Market: Forex market is a market for buying and selling currencies. They are located all over the world. The largest centers are in London (UK) and New York (USA).

<u>Country</u>	<u>Currency</u>
Australia	Dollar (AUD)
Canada	Dollar (CAD)
Europe	Euro €
Hong Kong	Dollar (HKD)
India	Rupee (INR)
Japan	Yen (JPY) ¥
Kuwait	Dinar (KWD)
New Zealand	Dollar (NZD)
Saudi Arabia	Riyal (SAR)
Singapore	Dollar (SGD)
South Africa	Rand (ZAR)
Sweden	Kroner (SEK)
Switzerland	Francs (CHF)
UAE	Dirham (AED)
UK	Pound Sterling (GBP) £
USA	Dollar (USD) \$



- U S Mohanty

" The biggest failure of all is the person that never tries " - Dr. Larry Kimsey

NCRCL™ Projects in the fore...

Sl No.	Name of the client	Project
1	ETA Ascon Group	Mapping of accounting/financial, administrative and legal documentation currently used and delegation of financial powers currently practiced in all the units of ETA. Recruitment Consultancy for ETA Group.
2	ETA Ascon Group	Monthly Accounting and Development of HR Policy for General Star Kitchen, Bangalore & Chennai
3	Bangalore Mahangara Palike	Running of FBAS Operations
4	Jain Group of Institutions	BPR of Accounting Activities & MIS
5	Jain Group of Institutions	Strategic Planning
6	Jain Group of Institutions	Restructuring of HR Policies
7	Tusker Legal and Consultancy Services	Monthly statutory compliance and payroll processing
8	Rollwell Conveyor Components	Design of spreadsheet based cost estimation system
9	Bangalore University	Implementation of module for revenue data capture at multiple locations
10	Bangalore University	FBAS support services including DBA
11	Opus IT services India Private Ltd	Business plan
12	AEC International School	Investor Memorandum
13	MEDHA	Business plan and Project report
14	Adsites Advertisements	Mini ERP for FI MIS
15	Indian Institute of Technology, Chennai	Design and operational support for FIMIS
16	Global Software Resources, U.S.A	Business Valuation
17	Malabar Hotels, Chennai	Revised business proposal for enhancement of loan

Upcoming Projects

1	Commencement of ANSA-AEC International School and NCRCL's CA Coaching classes
2	Structuring and planning relating to Company law, finance and IT aspects for Proalgen—Chennai
3	Implementation of ERP in AS Group

Participation in Job Fair

NCRCL™ Participated in EmployAbility Job Fair for the Physically Challenged people on the 17th of December. We may likely select one candidate from those short listed.



NCR Consultants Limited

Regd Office:

#12, Karpagambal Nagar Main Road,
Mylapore, Chennai 600 004
Ph: +91 44 2466 0955
Fax: +91 44 4218 5593
email: chennai@ncrcl.com

Bangalore Office:

147, 1st Floor, 11 C Cross, Behind G.D.Naidu Hall,
Mahalakshmpuram, WCR II Stage,
Bangalore 560 086
Ph: +91 80 65737503
Fax: +91 80 23190143
email: bangalore@ncrcl.com

Website: www.ncrcl.com

Happy Birthday

Many Happy Returns of the Day!!!

NCRCL team wishes the December born

02nd- Ravi Kumar B S 13th- Girish B N

16th- Manikanthan P 19th- C S Suresh

30th -Deepak S



Three Things

Three things in life that, once gone, never come back
Time, Words, Opportunity

Three things in life that may be never lost

Peace, Hope, Honesty

Three things in life that are most valuable

Love, Self-confidence, Friends

Three things in life that are never certain

Dreams, Success, Fortune

Three things that make a man/woman

Hard work, Sincerity, Commitment

Three things in life that can destroy a person

Alcohol, Pride, Anger

Three things in life that, once lost, are hard to build-up

Respect, Trust, Friendship

Three things in life that never fail

True Love, Determination, Belief

- Charanya